

## April 2025





1000		,				AND RECREATION CENTER
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Special Events:  4/1: April Fool's Day  4/16: Pajama Day  4/18: Easter Celebration  4/23: Tea Party  4/25: Reminiscing Photos  4/30: TLC Circus/Magic Show	POOLS .	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Meditation Yoga 11:00 April Fool's Day Craft 1:00 Bingo \$\$\$ 2:00 Basketball Hoops 3:00 Snack/April Fool's Day Comedy 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 2 9:00 Daily Chronicles 10:00 Noodle Exercise 11:00 Skill Ball 1:00 Bingo \$\$\$ 2:00 LIVE MUSIC w/ Austin 3:00 Snack/P.B.&J. Demonstration 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Stretching Chair Exercise 11:00 Spring Art Project 1:00 Bingo \$\$\$ 2:00 Volleyball 3:00 Snack/Which Came First 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Scarf Musical Chairs 11:00 Travel to NEW YORK 1:00 Bingo \$\$\$ 2:00 Bowling 3:00 Ice Cream Social 4:00 Relaxation/Music Therapy	April
The Circus The construction of the constructio	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Morning Zumba! 11:00 Spring Craft Project 1:00 Bingo \$\$\$ 2:00 Musical Chairs 3:00 Snack/Celebrity Trivia 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Yoga Tuesday 11:00 Chuck the Duck Game 1:00 Bingo \$\$\$ 2:00 Hangman Challenge 3:00 Snack/Table Games 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Singalong Exercise 11:00 Spring Art Project 1:00 Bingo \$\$\$ 2:00 Bean Bag Toss 3:00 Snack/TLC SPA Day 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Noodle Exercise 11:00 Magazine Mystery Hunt 1:00 Bingo \$\$\$ 2:00 Soccer Competition 3:00 Snack/Game Show Fun 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Stretching Chair Exercise 11:00 Spring Arts & Crafts 1:00 Bingo \$\$\$ 2:00 Hula Hoop Toss 3:00 Snack/Table Games 4:00 Relaxation/Music Therapy	chappy Passover
13	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Meditation Yoga 11:00 Table Games 1:00 Bingo \$\$\$ 2:00 Volleyball 3:00 Snack/Story Time 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Morning Zumba! 11:00 Spring Arts & Crafts 1:00 Bingo \$\$\$ 2:00 Target Golf 3:00 Ice Cream Social 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Noodle Exercise 11:00 Best Pajama Contest 1:00 Bingo \$\$\$ 2:00 Balloon Bash 3:00 Snack/Balloon Volley 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Singalong Exercise 11:00 April Paint by Numbers 1:00 Bingo \$\$\$ 2:00 Indoor Bocce 3:00 Snack/Laughing Circle 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Drum Circle Exercise 11:00 Easter Egg Decorating 1:00 Bingo \$\$\$ 2:00 The Easter Egg Game 3:00 Snack/TV Trivia 4:00 Relaxation/Music Therapy	19
*Happy: Easter ****	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Singalong Exercise 11:00 Twister Bean Bag Toss 1:00 Bingo \$\$\$\$ 2:00 The HedBanz Game 3:00 Snack/Brownie Sunday! 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Yoga Tuesday 11:00 Armchair Group Travel 1:00 Bingo \$\$\$ 2:00 Carnival Games 3:00 Snack/Table Games 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Stretching Chair Exercise 11:00 Modified Beer Pong 1:00 Bingo \$\$\$ 2:00 AFTERNOON TEA PARTYI 3:00 Snack/Stories Out of a Hat 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Scarf Musical Chairs 11:00 Charades 1:00 Bingo \$\$\$ 2:00 Noodle Soccer 3:00 Snack/TLC SPA DAY 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Noodle Exercise 11:00 REMINISCING PHOTO PROJECT 1:00 Bingo \$\$\$ 2:00 LIVE MUSIC w/ NOLAN 3:00 Snack/Game Show Fun 4:00 Relaxation/Music Therapy	26
27	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Noodle Exercise 11:00 April Paint by Numbers 1:00 Bingo \$\$\$ 2:00 Skill Ball 3:00 Snack/Table Games 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Drum Circle Exercise 11:00 The Spinning Prize Wheel 1:00 Bingo \$\$\$ 2:00 Hula Hoop Toss 3:00 Snack/Spring Craft 4:00 Relaxation/Music Therapy	8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Stretching Chair Exercise 11:00 TLC CIRCUS EVENT 1:00 Bingo \$\$\$ 2:00 SPECTACULAR MAGIC SHOW!! 3:00 Snack/Laughing Circle 4:00 Relaxation/Music Therapy		Rosalee D 04/0	BIRTHDAY  1 Esther G 04/08  15 Phil D 04/17

\*Activities are subject to change based on daily participation.

www.tlc-adultdaycare.com

Margie W. - 04/15 Phil D. - 04/17

Ellie T. - 04/20 Xiomara B. - 04/26